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FANS JUST CAN'T GET ENOUGH OF THOSE TIMELESS '80S POP ROCKERS DEPECHE MODE, WHOSE NEW ALBUM IS OUT THIS WEEK **PAGE 8**



Inside jobs

Despite spending millions of dollars a year creating jobs, London still has an unemployment rate of 9.1 per cent. It's time for a new strategy, local politicians say **PAGE 2**

Comeback kings

The London Knights prove once again that they're hockey nobility with two big wins over the weekend, one of them in double overtime **PAGE 4**

Raising their voices

Forum. Youth council gathers ideas to make London more appealing to younger people

**MARK
SPOWART**
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Wi-Fi on city buses. Younger faces in city hall's political ranks. More opportunities for student co-ops. These ideas and more were tossed around on Sunday as the London Youth Advisory Council started mapping its plan for making the city a hot spot for 18- to 25-year-olds.

The council spent most of its first year forming its structure and getting a feel for things. Now, with new members set to take office in September, it plans to hash out directives that will be presented to politicians and business groups.

"We have worked very hard to solidify these ideas. We have

Council matters

- The London Youth Advisory Council has 13 elected members aged 18 to 25, as well as four appointees.

environmentalists, fiscal conservatives all working together to try and get something put together and move it forward," council member Charlie Hay said.

With about 80 people on hand on Sunday, there were plenty of suggestions. But the group is also looking for ways to carry more weight with city council.

"We are pushing a lot of agendas to them, but as of right now, we are not fully supported by them," Hay said. "I am hoping that maybe a younger person would run for a spot on city council. 'Just to have youth to sit on the city council alone would be a massive move towards the progress of this city.'"



Western University student Charlie Hay, a member of the London Youth Advisory Council, surveys suggestions for building a more youth-oriented city on Sunday during a forum at the central library. MARK SPOWART/FOR METRO



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Creating and capturing the supernatural across London

Kingdom Come director of photography Gary Elmer, left, and Fanshawe College student Alex Di Carlo, prepare Friday to shoot a scene at Dufferin Avenue and Wellington Road for Matchbox Picture's second feature film. The London-based company started shooting the supernatural thriller in late February in Blenheim. The crew has been working on home turf for the past several days, shooting a large-scale crash scene that closed Highbury Avenue between Commissioners Road and Bradley Avenue for several hours Saturday afternoon. **JOHN MATISZ/METRO**

Charting quick-turn course for more jobs

Results? Council committee to put focus on immediate fix for unemployment woes



ANGELA MULLINS

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The city spends millions of dollars each year in the name of job creation, but unemployment continues to rear its ugly head.

That mismatch — dollars being spent versus results — will be front and centre Monday at city hall as council's investment and economic prosperity

committee starts taking action aimed at righting the course.

"We've got quality people, they're working hard, but we're not getting results," said Coun. Joe Swan, the committee's chair. "What are the barriers to success? ... We want to tear them down ... and get people back to work."

The committee is expected to hear from a number of local groups Monday about job-creation projects that are, as Swan put it, "in the hopper." The goal is figuring out a way to move those projects forward immediately and start hacking away at the 9.1 per cent London-area jobless rate reported for February. The number — reflecting a

0.6 per cent jump from January — prompted Swan and Mayor Joe Fontana to start mustering the troops when it was released earlier this month by Statistics Canada. At the time, Fontana vowed to dust off a b-list of job-creation ideas put forward during forums last summer.

Five of those ideas were used to create a 10-year, economy-boosting roadmap dubbed the "prosperity plan." Other suggestions were put in an ideas bank.

The need for a quick-turn strategy to work in conjunction with the long-term plan is obvious, Swan said Sunday.

"We want to get better results. We want get people pulling in the same direction."

At a glance

- Coun. Joe Swan, chair of the city's Investment and Economic Prosperity Committee, said several projects are in the works that could help with a quick turnaround for London's job market.
- He cited a few examples, including creating a "social-enterprise centre," an effort being led by the Pillar Nonprofit Network, and TechAlliance's work toward starting an incubator for high-tech companies.

Investigation. Sunday fire leaves family homeless

Ontario Fire Marshal investigators have been called to help figure out what caused a Sunday morning house fire at 6313 Decker Drive.

The blaze, reported about 2:30 a.m., left a family of five homeless and without most of their belongings. "It is unlikely the structure will be salvageable," London fire-prevention inspector Brent Smith said.

Damage was pegged at \$150,000, and it's too early to tell if the fire was suspicious, Smith said. The family wasn't home at the time, and no injuries were reported. Police were called to the house March 18 after a brick was tossed through a front window. Const. Charlene Humble said that investigation is ongoing.

MARK SPOWART/FOR METRO

Info sought. London police looking for assault suspect Terrance French

Police are looking for a London man wanted on several assault and harassment charges.

Terrance French, 38, faces eight charges, including two counts of assault, two counts of assault causing bodily harm, one count of forcible confinement, one count of criminal harassment, one count of

uttering threats to cause bodily harm and one count of acting unlawfully in a dwelling house.

The offences were directed at



Terrance French
CONTRIBUTED

people French knew, police said.

Anyone with information is asked to call 911, the London Police Service at (519) 661-5670, or Crime Stoppers at 1-800-222-TIPS (8477).

Information can also be sent in online anonymously to londoncrimestoppers.com. **METRO**

50,000 light bulbs

Small local dip measured during Earth Hour

Londoners reduced electricity usage by one per cent, or 3.2 megawatts, at the peak of Saturday's Earth Hour, officials say.

The impact was something equivalent to switching off about 50,000, 60-watt light bulbs or about 240,000 compact fluorescent bulbs.

The reduction was based on the amount of energy used during the same period on March 9.

METRO

Western University

Plane pull brings in anti-bullying bucks

A fundraiser organized by Western University students has netted more than \$1,100 for the London Anti-Bullying Coalition.

Students showed off their muscle Saturday at the London airport, taking turns pulling a jet plane 100 metres in the name of bragging rights and charity.

The event was organized by Western's Commercial Aviation Management Council. **METRO**

Fanshawe College

Mental health focus of discussion

Fanshawe College will have a roundtable discussion from noon to 1:30 p.m. Monday about student mental health.

The discussion at Forwell Hall is open to the public and will be led by Eric Windeler, founder of The Jack Project.

Windeler started the project after his son, Jack, committed suicide in March 2010 while in his first year at Queen's University. **METRO**

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Knights' Tierney ends thriller in double-OT

Winning at home.

London takes first two games in best-of-seven series over the weekend



JOHN
MATISZ

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For better or worse, the London Knights have a strong tendency to give teams hope when they visit Budweiser Gardens.

Third period comebacks on home ice are kind of their trademark.

Sunday's drama, Game 2 of the first round versus the Saginaw Spirit, offered additional twists, however. London not only waited until literally the final moment of regulation to tie it, but also played 30 extra minutes of hockey before winning 3-2.

At 9:11 of the second overtime period, while on his way to the Spirit net, Knights centre Chris Tierney took a 2-on-1 pass from Alex Broadhurst and flung the puck through netminder Jake Paterson's five-hole.



London Knights forward Josh Anderson corraling the puck in front of the Saginaw Spirit goalmouth during first-period action on Sunday at Budweiser Gardens. JOHN MATISZ/METRO

"I was calling for Broady. He drew a couple of guys towards him, made a play," said Tierney, providing a first-hand account of scoring what he says is the biggest goal of his life in front of 8,965 screaming fans.

"It jammed me up a bit,

so I just shot it at the net. I didn't try to aim. I just got it off as quick as I could."

Tierney, 18, who leads the squad this post-season with five points, capped off an adrenaline-filled tilt that, until seven minutes into the third period, looked des-

tined to stand as a Saginaw upset.

Knights forward Bo Horvat called Paterson's performance "unbelievable."

The Knights, who will likely be without captain Scott Harrington until at least Game 4, now have a

Game results

Knights (1st seed in West)
vs. Spirit (8th seed in West).

Game 1 — London wins 5-2

- Knights score the first goal (Dakota Mermis, 5:02 of 1st period).
- Spirit goaltender Jake Paterson allows five goals on 29 shots.
- The Knights go 1-for-7 on the power play.

Game 2 — London wins 3-2
in double overtime

- The Spirit scores first (Justin Kea, 12:21 of 1st).
- Paterson allows three on 70.
- The Knights go 0-for-9.

2-0 lead in the best-of-seven series.

Games three and four are in Saginaw, Mich., on Tuesday and Thursday. Both games begin at 7:11 p.m.

Basketball. Lightning vs. Miracles tonight

Semifinal basketball action will hit Budweiser Gardens on Monday as the London Lightning take on the Moncton Miracles.

The defending National Basketball League of Canada champions will be on the court for the first time in a little more than a week, coming off a 118-123 loss to the Summerside Storm on March 14.

The Lightning had a bye through the quarterfinals and come into the playoffs with a 33-7 regular-season record.

Moncton, with a season record of 22-21, beat the Saint John Mill Rats on Saturday to clinch a seat in the semifinals.

The Lightning went 4-0 against the Miracles during the regular season.

Monday's tip off is at 7 p.m. The teams will meet again at Budweiser Gardens on Wednesday, part of a best-of-five-games series.

Visit budweisergardens.com for ticket information.

METRO

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No foul play found in unexplained death of Russian tycoon: Cops

Autopsy pending.

Boris Berezovsky fell out with Putin and fled to avoid fraud charges he alleged were politically motivated

British police said Sunday they have no evidence to suggest third-party involvement in the death of Boris Berezovsky, the self-exiled Russian tycoon who went from Kremlin kingmaker to fiery critic.

With an investigation underway, police are treating the death of Berezovsky — who fled to Britain in the early 2000s after a bitter falling out with Russian President Vladimir Putin — as unexplained. But the former oligarch survived assassination attempts and recently faced financial difficulties, prompting speculation as to whether his death was part of a conspiracy or suicide.

Police said Sunday it would



Boris Berezovsky GETTY IMAGES FILE

be wrong to speculate on how Berezovsky died pending the results of an autopsy.

"We are at the early stages of the investigation and we are retaining an open mind as we progress," said Detective Chief Inspector Kevin Brown.

Police released some details on the circumstances that triggered their investigation into his death and a check for hazardous materials at the property in Ascot, a town 40 kilometres west of London,

where Berezovsky's body was found on Saturday. They said an employee of Berezovsky's explained how he had called an ambulance after becoming concerned for Berezovsky's welfare and forced open a locked bathroom door to find the tycoon's body on the floor.

After a paramedic declared Berezovsky dead and left the scene, a device measuring his exposure to radiation was triggered. Chemical and radiation experts were called to examine the property.

Berezovsky amassed a fortune through oil and automobiles during Russia's chaotic privatization of state assets after the collapse of the Soviet Union in the early 1990s.

He became a strident and frequent critic of Putin after their falling out, accusing the leader of ushering in a dictatorship and accusing the security services of organizing the 1999 apartment bombings that became a pretext for Russian troops to sweep into Chechnya.

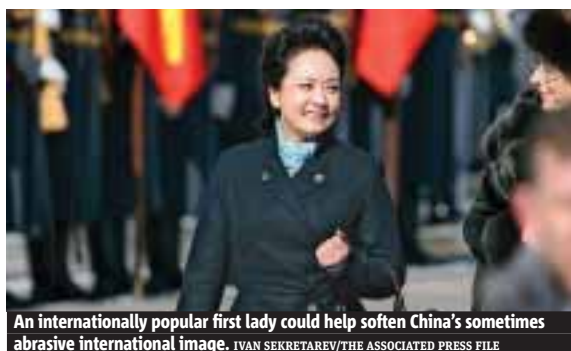
THE ASSOCIATED PRESS



Look of indescribable loss

Sherry West breaks down Friday while talking about the murder of her 13-month-old son, Antonio, while she was walking with him in a stroller on Thursday. West was shot in the leg. Police in Georgia have charged 17-year-old De'Marquis Elkins with murder, along with a 14-year-old suspect whose name has been withheld because he's a juvenile. West said she hopes prosecutors pursue the death penalty. In 2008, West also lost her 18-year-old son, who was stabbed to death in an altercation in New Jersey. Prosecutors said the stabbing was self-defence and did not file charges. TERRY DICKSON, FLORIDA TIMES-UNION/THE ASSOCIATED PRESS

China. Singer and WHO ambassador ends chain of reclusive first ladies



An internationally popular first lady could help soften China's sometimes abrasive international image. IVAN SEKRETAREV/THE ASSOCIATED PRESS FILE

New first lady Peng Liyuan has emerged as Chinese diplomacy's latest star, charming audiences and cutting a very different profile from her all-but-invisible predecessors on her debut official visit to Russia.

A celebrated performer on state TV, Peng featured prominently in Sunday's Chinese media coverage of husband and president Xi Jinping's activities in Moscow.

Peng, 50, largely retired from public life after Xi was

made China's leader-in-waiting in 2007, but in recent years has won new acclaim as an ambassador for the World Health Organization. She has done work on tuberculosis and HIV/AIDS, diseases that still carry considerable stigma in China.

Peng holds the largely honorary rank of major general in the People's Liberation Army and is best known for her renditions of patriotic odes, often while wearing full dress uniform. THE ASSOCIATED PRESS

Semantics. Definition of 'bullying' a tough choice for Canadian lawmakers

Provinces introducing laws to crack down on school bullies are taking different approaches as they decide where to draw the line between chronic abuse and a one-time insult or slight.

There are also questions, as in Manitoba, as to whether legislation will have any effect. That province's proposed law does not require principals to hand down specific penalties or even report bullying to parents or authorities.

Much of the debate has focused on the exact definition of bullying.

The definition under a bill now before the Manitoba legislature is so general, it could make bullies out of any student, argue the Opposition Progressive Conservatives.

"It's so vague ... that it will either be unenforceable or enforced arbitrarily," education critic Kelvin Goertzen said. "It's going to make bullies out of a whole lot of people."

The province's education minister said the wording is

Provincial definitions

- **Ontario.** Causing or intending to cause physical or emotional harm, damaging another's property or creating hostility.
- **Quebec.** Repeated behaviour involving a power imbalance that causes distress and "hurts ... intimidates or ostracizes."
- **Manitoba.** Proposed definition is broad enough to include a single intent to cause hurt feelings.

broad partly so that school principals and others could use their own experience to address specific incidents.

Goertzen says the anti-bullying proposal's vague definition, lack of a mandatory penalty and lax reporting requirements make it "one of the weakest in North America." THE ASSOCIATED PRESS

24-year absence

Giant pandas to get giant welcome

The Toronto Zoo will begin hosting one male and one female panda on Monday, just over a year after the creatures were officially loaned to Canada by the Chinese government.

The pair will call Toronto home for five years before being relocated to the Calgary Zoo. Prime Minister Stephen Harper will be on hand to greet the new arrivals, the first pandas to visit Canada in 24 years. THE CANADIAN PRESS

24th anniversary

Ad links pipelines with Exxon Valdez

A B.C. First Nations group is launching an anti-pipeline commercial to mark the 24th anniversary of the Exxon Valdez oil spill.

Art Sterritt with Coastal First Nations says the spill is proof oil tankers don't belong in B.C. waters because the toxin still lingers in the ocean. THE CANADIAN PRESS

Liberal leadership

Trudeau crushing rivals' fundraising



Justin Trudeau THE CANADIAN PRESS

If money talks, then it's saying Justin Trudeau has a lock on the federal Liberal leadership.

Trudeau is the only contender whose financial report is not yet on the Elections Canada website. But his team has said it will show just over \$1 million, with another \$300,000 still being processed.

That's more than double what the other five contenders have raised combined.

THE CANADIAN PRESS

Warning: Graphic. Couple who tortured man ask for mercy

An Ontario couple who held a developmentally disabled man captive and tortured him while draining his bank account to buy drugs and video-game equipment is asking for lighter sentences.

Dakota Thompson and Stanley Brown were part of a group convicted of aggravated assault and forcible confinement for inflicting horrific injuries on a 23-year-old disabled man over more than two weeks in 2009.

The victim went to the couple's Hamilton apartment, expecting help in finding a missing cellphone.

Instead, the group confined him there for 17 days, burned him with a hair straightener, made him eat feces and drink urine, beat him and poured cayenne pepper into the bath when he tried to wash his wounds.

Brown was sentenced to 13 years and Thompson to 10 years.

THE CANADIAN PRESS

Cyprus, creditors reach tentative deal on bailout



A man holds up a souvenir Cypriot euro coin lapel pin with a piece taken out in Brussels on Sunday, as EU negotiations were underway to arrive at a deal to save the island nation from bankruptcy. VIRGINIA MAYO/THE ASSOCIATED PRESS

EU financial crisis.

Last-minute agreement will restructure country's second-largest bank and tax large bank deposits

Tense negotiations between Cyprus and its international creditors yielded a preliminary agreement early Monday that paves the way for the cash-strapped island nation to receive a \$13.3-billion bailout, a diplomat said.

The agreement between Cyprus, the International Monetary Fund and the European Commission still needs approval by the 17-nation eurozone's finance ministers, who were also meeting in the same building in Brussels.

Without a deal by Monday night, the tiny Mediterranean island nation of about one million would face the prospect of bankruptcy, which could force it to abandon the euro currency

and spur turmoil in the euro-zone of 300 million people.

Under the last-ditch agreement, Cyprus' second-largest bank, Laiki, will be restructured and holders of bank deposits of more than 100,000 euros (about \$132,900) will have to take losses. It was not immediately clear whether the holders of large deposits in the remaining Cypriot banks would also be forced to take losses.

The diplomat, who spoke on condition of anonymity pending the official announcement, did not elaborate on how much large deposit holders would lose. Making them take a hit is expected to net several billion dollars, thus reducing the amount of rescue loans the country needs.

To secure a rescue loan package, Nicosia had to find ways to raise \$7.7 billion so it could qualify for the bailout. It resisted pressure by creditors to also unwind the country's largest lender, Bank of Cyprus.

THE ASSOCIATED PRESS

Smoking. Ex-surgeon general joins board of e-cigarette firm

Former U.S. surgeon general Dr. Richard Carmona, who highlighted the dangers of secondhand smoke and supported a ban on all tobacco products, is joining the board of directors for NJOY Inc., the U.S.'s leading electronic cigarette company — a move that could bring increased legitimacy to e-cigarettes as a viable alternative to traditional cigarettes.

The country's senior public health official under President George W. Bush from 2002 to 2006 will advise the Arizona-based company on public health and regulatory issues. He'll also spearhead its research of the battery-powered devices that heat a liquid nico-



Different versions of NJOY electronic cigarettes are shown. A former U.S. surgeon general who supported a ban on all tobacco products will join NJOY's board. THE ASSOCIATED PRESS

tine solution and create vapour that users inhale. The private company's flagship NJOY KING product is the top-selling e-cigarette. THE ASSOCIATED PRESS

Clarification

For BK's turkey burgers, head south of border

Burger King is rolling out turkey burgers for the first time this week, but the new sandwich will

only be available in the U.S., and for a limited time. A previous story in Metro didn't specify where the product would be sold. Recent additions to Burger King's menu in Canada include a pulled-pork sandwich and a chipotle lineup that includes a Chipotle Whopper. METRO

U.S. makes little progress hiring disabled workers

Whether it means opening school track meets to a deaf child or developing a new lunch menu with safe alternatives for students with food allergies, recent Obama administration decisions could significantly affect Americans with disabilities.

But there's been little progress in one of the most stubborn challenges: employing the disabled.

According to government labour data, of the 29 million working-age Americans with a disability — those who are 16 years and older — 5.2 million

are employed. That's 18 per cent of the disabled population and is down from 20 per cent four years ago. The employment rate for people without a disability was 63 per cent in February.

The job numbers for the disabled haven't budged much since the passage of the Americans with Disabilities Act of 1990, which gave millions of disabled people civil rights protections and guaranteed equal opportunity in employment, public accommodations, government services and more.

The National Council on

Disability's Jeff Rosen said long-standing prejudicial attitudes need to be addressed to boost jobs. "Employers are still catching on to the fact that the needs of most workers with disabilities aren't special, but employees with disabilities often bring specialized skills to the workplace," Rosen said.

"Perhaps no one knows how to adapt, think critically or find solutions better than someone who has to do so daily in order to navigate a world that wasn't built with them in mind."

THE ASSOCIATED PRESS

Federal hiring

- One silver lining in the lagging U.S. employment for the disabled has been federal hiring. The latest data from the U.S. Office of Personnel Management shows nearly 15 per cent of new federal hires between 2010 and 2011 were people with disabilities, up from 10 per cent the previous year.



Jennifer Lortie, shown working in her Willimantic, Conn., office, has limited arm and leg use due to cerebral palsy. Of the 29 million working-age Americans with a disability, Lortie is among the 5.2 million who are employed. THE ASSOCIATED PRESS

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NOT TOO BUSTED TO BUST A MOVE

For a trio of Western University students, Kim Pritchard's presentation was inspiring yet sobering.

When Pritchard spoke to a class of first-year health sciences students, it was part of a 50-presentation tour meant to garner interest in the Bust a Move for Breast Health event, set for April 6 at the London Convention Centre.

Melanie Lyons, Alyson Kincaid and Nina Polic, a group of friends in the class, left the presentation wanting to get involved and help the cause. But, the trio knew it would be a daunting task.

Raising \$1,000 per person is not an easy feat for anyone, let alone a group of university students. They initially dismissed the idea but quickly changed their minds.

"Later that week while we were studying, Alyson said she really wanted to try and do it," Lyons said. "Her grandmother is currently battling breast cancer, and her other grandmother passed



URBAN COMPASS
Todd Devlin
london@metronews.ca

away from the disease. After sharing our experiences with cancer, we decided if we worked really hard we could raise the money."

They started by reaching out to friends and family. Then, they tapped into the Western student body, which proved difficult, Lyons said, since most students are on a limited budget.

A pass-the-hat fundraiser got the ball rolling and was followed by a video game hockey tournament. Dubbed NHL for Charity, students living in residence paid a \$10 entry fee to compete for bragging rights.

The trio also organized a successful bottle drive.

"It's been difficult, but we've been able to raise more than half our goal so far," Lyons said.

Fundraising as a group is an area where many teams have seen success, Pritchard said.

In all, there are 60 teams and more than 430 individuals registered for London's inaugural Bust a Move, expected to generate

close to \$500,000 for medical equipment, patient care and comfort items at St. Joseph Health Care's new Breast Care Centre.

Thanks to Pritchard's presentations, there will be a strong presence from a younger crowd.

"Breast screening and breast health starts at a very young age," said Pritchard, senior development officer at St. Joe's. "So we really wanted to get young people involved."

Described as a "day-long fitness extravaganza," the event will be attended by 300 volunteers and will feature fitness sessions run by the Athletic Club.

Oh, and Richard Simmons will be in town for the final session of the six-hour day.

Lyons is looking forward to that and more. The 18-year-old broke her ankle last month but is still hoping to participate with her friends.

"Alyson and Nina have been exercising a lot," Lyons said. "And we've all made efforts to eat healthier. We're very excited for the event, and we're grateful to be able to share the opportunity as friends."

For more information, visit bustamove.ca.

ZOOM

HIS SPIDEY BEARD IS TINGLING



Amazing logo spun out of chin hair

An IT specialist has crafted his facial hair in homage to the iconic Spider-Man logo. Chad Roberts' beard recently won him honours at the second annual Garden State Beard and 'Stache competition in New Jersey, with his spider symbol from Spider-Man. Chad's past beards include a Christmas tree and an X-wing spaceship from Star Wars.

For Roberts, whose beard measures just over 35 centimetres long, the Spidey style is one of his favourites: "It translated very well from concept to end result. At first, I tried to do a web but that didn't work out so I opted for the Spider-Man logo.

"Sculpting the beard wasn't as complex as it looks. I just separated it into sections and used plenty of extra-hold hairspray." **METRO WORLD NEWS**

Sunday Best

"I normally don't wear my beard like this, on most days I just let it hang. I call this kind of beard my 'Sunday best.' This beard only took me 45 minutes to an hour to sculpt."

Chad Roberts, 35, IT administrator and president of the RVA Beard League

DASH.COM/REX FEATURES

Clickbait



ANDREW FIFIELD
metronews.ca

The best part of living in the future is having a pocket-sized device that connects to the totality of collected human thought with a few taps of a finger. But that's no reason to feel guilty if you just want to kill some time with a little pinball. Here's three apps worth your spare time.

Zen Pinball

If you're not a reality purist, Zen tables are the best bet for high-concept hurry-ups and gimmicks – from the castle sieges of Excalibur to racking up combos as troublemaking kids in the Sorcerer's Lair. (Free/iOS and Android)

Revenge of the Rob-O-Bot

The devotion the shiny chrome finish and dot matrix scoreboard show to the titular robot still doesn't come close to the devotion the developers showed to capturing the physics and sounds of a real table. (\$2.99/iOS and Android)

Pinball Arcade

Nothing gets more pure than real tables. Comes included with a faithful recreation of Tales of the Arabian Nights. But splurge for the in-app purchase of Ripley's Believe It Or Not, a true timewaster packed with objectives for players willing to learn the angles. (99 cents/iOS and Android)

Comments

RE: Sex toy gives singers an extra octave, published March 21

Yeah, he uses it on the OUTSIDE, in case anyone was confused lol. And yeah, people have been doing massages on the larynx forever, he's just probably the first to be in the media for using a vibrator.
eplizo posted to metronews.ca

Gives a slightly new meaning to the term "hummer"...

Jeff Overstreet posted to metronews.ca

A #SouthPark episode in the making....

Mighty-Morphin Larry posted to metronews.ca

WE WANT TO HEAR FROM YOU:

Send us your comments: londonletters@metronews.ca



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Dave Gahan of Depeche Mode performs earlier this year. GETTY IMAGES

Music-making machines

New album.

Depeche Mode Just Can't Get Enough of releasing music, or that bluesy influence

Depeche Mode has released a new album every four years since the early 1990s, so fans weren't surprised by the English band's announcement in late January that its 13th record was coming soon. The blues-tinged Delta Machine is out March 26 and the electronic band has September gigs scheduled at the Molson Canadian Amphitheatre in Toronto and Bell Centre in Montreal. Band member Andy Fletcher talks about what influenced

the new songs, playing 30-year-old hits and the lead single Heaven.

How did the blues inspire you while recording the new album?

We have dabbled in this before, one of our most famous tracks, Personal Jesus, is very linked to blues music. All three of the band members, we have varied tastes in music going back to blues to early rock 'n' roll. I think the interesting thing is the mixing between blues and electronics and I think it really goes well. Obviously some songs such as Slow are more heavily blues influenced but even the tracks that are mainly electronics, you can still hear the blues influence.

What's on the set list for the new tour?

It's difficult getting a set together because there are so many songs now over the years, so many classics, and somehow we have to get a set together that sort of represents our whole career and at the same time make sure the new album gets its songs as well. It's a bit of a process, but I think we're getting there.

Which of the new songs are likely to be played?

Our last album, Sounds of the Universe, I don't think many of the songs really translated live that well, but this album seems to be completely the opposite, it's quite a minimal but powerful album and a lot of the tracks are sounding

very good, like Soft Touch/Raw Nerve. Angel is sounding really, really powerful, and Should Be Higher. We can't play, unfortunately, too many songs from the new album because we have fans that go back such a long way, it'd be a bit selfish, I think, just playing a lot of songs off the new album and disregarding tracks from our career.

Have you considered a modern makeover to older tracks like Just Can't Get Enough that fans want to hear live but no longer reflect your current musical style?

You can't modernize Just Can't Get Enough, it's a classic pop song, it has a classic sound, you just have to play it. It's one of the most famous tracks of the '80s. If

you tried to modernize it, it'd be horrible. I think it stands up as a classic track and obviously you have to position it in the set list where it'll sound the most comfortable, but I think we'd be doing the song — such a part of our history — a disservice to try to modernize it.

Why Heaven as lead single? Was it the label's preference?

I don't think the label would've chosen that song. We just felt it was the right sound to introduce the album. Great song. Commercially it doesn't really stand up, it's too slow, but for us it's the perfect taste for the album itself. ... It is important to us still to have success but not at all costs."

THE CANADIAN PRESS

Leno won't make peace with NBC bosses

Network battle?

Despite being wined and dined, Tonight host is still taking jabs at his employers

Jay Leno is keeping up a comedy assault on his NBC bosses even after being treated to a make-nice dinner.

During his monologue Friday, the Tonight Show host asked his Burbank studio audi-

ence if they'd heard about his "alleged feud" with NBC.

Leno started taking on-air potshots at the network this month amid reports that the network plans to replace him at Tonight with Jimmy Fallon.

According to a NBC transcript from Friday's taping, Leno said that he had dinner Thursday with a "bunch of NBC executives" who offered to make things up to him: He and his wife are going on an all-expenses paid Carnival Cruise, he joked.

In February, passengers endured five nightmarish days on a crippled Carnival Cruise ship in the Gulf of Mexico.

NBC confirmed this week it's creating a new studio for Fallon in New York, where he hosts Late Night. But the network did not comment on a report that the digs at its Rockefeller Plaza headquarters may become home to a transplanted, Fallon-hosted Tonight.

This isn't the first time the Tonight stage has been used for a workplace dispute. In 2010,

when Conan O'Brien briefly took over as Tonight host and Leno was moved to prime-time at NBC, the two traded on-air barbs.

Although late-night hosts are known for needing their network bosses, the timing of Leno's latest jabs seemed to make NBC's executives particularly uncomfortable and they asked him to stop. They don't want a repeat of the publicly messy turnover of just three years ago.

THE ASSOCIATED PRESS



Jay Leno. THE ASSOCIATED PRESS

10TH ANNUAL BEST NEW PRODUCT AWARD WINNERS



10TH ANNUAL BEST NEW PRODUCT AWARD WINNERS



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**Dates subject to change. While quantities last.

Date night... at home!

When you think "date night," you may envision a night on the town or a fancy and expensive restaurant dinner. That, and the babysitter, the outfit, the hair...it



might all seem a touch overwhelming and extremely pricey. So spend date night at home! You can and still make it romantic

and do it for a fraction of the price with a Pepperoni Pesto Ristorante Pizza from Dr. Oetker.

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You don't have to spend hours in the kitchen to create an amazing dinner. Pair your pizza with a bottle of medium-bodied dry Chianti – the perfect wine to bring out the flavours of the pizza. Add a tasty caprese side salad: sliced ripe tomatoes and fresh mozzarella sprinkled with basil leaves (torn into bite-size pieces), and dressed with salt, pepper and olive oil. Finish your meal with a sinfully good dessert, like a fluffy Dr. Oetker Milk Chocolate Mousse. It's a deliciously decadent meal that's perfect for a special evening!



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HAVE YOU TRIED THE BEST?

Cold sore help

Cold sores aren't a problem for everyone but for those who suffer, outbreaks can be painful, uncomfortable, and embarrassing. In fact, up to 90 per cent of adults carry the virus (HSV-1), but only 20 to 40 per cent will ever experience a cold sore outbreak.



Most cold sore sufferers aren't exactly sure when they first encountered the virus, but once contracted the virus never leaves the body.

Not everyone's cold sore is triggered by the same thing. But there are several common factors that may cause your outbreaks. Knowing general cold sore triggers can help you identify personal triggers and take the necessary steps to manage them.

First, boost your immune system by getting plenty of rest and exercise and eating a balanced diet. Reducing the

stress in your life is also important. Keep your lips moisturized – drink plenty of water to stay hydrated and use sunblock on your lips all year round to protect your lips from sun and from winter cold.

Treat your cold sore early for best results. The best time to start treatment is when that tingling sensation first happens, before any visible sign of a cold sore appears. When it comes to treating a cold sore, you'll hear advice on everything from home remedies to lip balm cures.

Learn the cold sore facts so you can face every cold sore with confidence. Ice, vinegar, tea bags, camphor, menthol or phenol may provide temporary relief, but they won't make your cold sore disappear faster. Look for products that contain the medicinal ingredient, docosanol, which is clinically proven to shorten the duration of a cold sore.

Remember to avoid transmitting the virus to others through skin contact. Also, wash your hands frequently if you've touched your lips or brushed your teeth to avoid spread of the virus.



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All about balance



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Good balance. It's what we all strive for in our lives – the healthy combination between work and play, performance and rest, and eating right and exercising. If you need help getting motivated to exercise and enjoy a nutritious diet, know that the health benefits can't be overstated. Good eating starts with a variety of foods from the four food groups in Canada's Food Guide – plenty of fruits and veggies, whole grains and low-fat dairy products, along with lean meats and meat alternatives. Healthy diets also minimize intake of foods high in saturated fat, cholesterol, sodium and sugar.

Why dairy? There's no better and more natural way to get the calcium you need for strong teeth and bones. If getting enough dairy in your diet is a challenge because you're not a milk drinker, yogourt supplies calcium along with other important nutrients like vitamins A and D in a tasty, low-fat and low-calorie package. It's also

easier to digest for those who have difficulty with dairy foods – and it's a great choice for anyone looking to maintain a healthy weight. Remember to balance healthy eating with 30 to 60 minutes a day of exercise – walk, cycle, do aerobics or swim and lift weights to maximize your health benefits.



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Amanda Bynes ALL PHOTOS GETTY IMAGES

Come home Amanda!

Amanda Bynes' family is reportedly very concerned about the troubled actress and wants her to move back to Los Angeles where they can keep a better eye on her, according to E! News.

The accident-prone starlet has been living it up in New York, tweeting pictures of her outlandish recent makeover and a new cheek piercing along with bizarre and nonsensical declarations like "Baby corn and fried tofu," "Fear is pain arising from the anticipation of evil" and "I created the phrase lly and lololol."

Bynes has reportedly refused her family's requests that she move back to L.A.



Katy Perry and John Mayer

Don't count this pair out just yet

Sources say that prior to Katy Perry and John Mayer's recent split the pair had been "fighting," possibly over how fast their relationship was moving, according to Us Weekly. Perry had even brought Mayer home for the holidays to Santa Barbara. "Introducing him to her dad was a big deal," a source close to Mayer says. "It was just too much, too soon." But don't count the pair out completely: "They've broken up before so it's hard to tell," another source says. "She's changed a lot since she's been with him." And Perry hasn't been shy about her heartache, posting a link on Twitter to a song by Tristan Prettyman called I Was Gonna Marry You with the message, "Perfectly put."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Ashton Kutcher

Kutcher taking vow of silence on relationship

Ashton Kutcher has vowed to keep his mouth shut when it comes to dishing on his relationship with Mila Kunis after how things turned out with ex-wife Demi Moore.

"You know, I've learned the hard way how valuable privacy is," Kutcher

tells Elle magazine. "I've learned that there are a lot of things in your life that really benefit from being private. And relationships are one of them. And I am going to do everything in my power to have this relationship (with Kunis) be private."

Twitter



@Sethrogen

If you're like me, you're awake right now on hour 3 of 14 of smoking a brisket.



@JimCarrey

Hunters hang animals up on their walls. I kill mosquitos but their little heads r hard to mount!



@justinbieber

Back to the #longestbusrideever



@ABFoundation

When playing the losing attorney in a case, always wear a suit with a vest.

Pop goes the week

Emma Watson isn't getting spanked and Bradley Cooper likes them young



STARGAZING
Malene Arpe
scene@metronews.ca

Hansel & Gretel: Witch Hunters is getting a sequel after doing surprisingly great box office numbers overseas. The tentative title of the sequel is Jeremy Renner and Gemma Arterton: Contractual Obligation Loophole Hunters.

Tired of the rumours, Emma Watson tweets, "Who here actually thinks I would do 50 Shades of Grey as a movie?" Like really. For real. In real life "Well, I kinda do," says Bobby, the Hermione-obsessed whip-and-chains enthusiast.

Bret Michaels turns down an offer to strip for Chippendales. That's terrible news for all the women who were hoping to see what he looks like under his wig.

The Kardashian sisters compare the smell of their lady parts on Kourtney and Kim Take Miami. Appropriate responses to this: 1) Ewww. 2) Blergh. 3) Ugh. 4) Where are we as a civilization and can anything get us back from the brink? Read more at ewwwblerghugh.com.

Liev Schreiber comes to



Bradley Cooper

the aid of a woman who was involved in an accident outside his house. Long-time celebrity rescue champion Ryan Gosling immediately runs out the door and tackles a random senior citizen while whispering, "you're safe, you're safe now."

Selena Gomez said she made Justin Bieber cry. Then Justin's fans said Selena makes them cry. Then

the Devil laughed. **After saying he would never date Jennifer Lawrence because she could be his daughter, Bradley Cooper is now dating a 20-year-old model.** "That comment was taken completely out of context and twisted around by the stupid press," says Bradley. "What I meant to say is that I wouldn't date Jennifer because she repeatedly turned me down."



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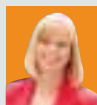
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Kathy Buckworth,
kathybuckworth.com

The next time you visit a corporate website, look at the "About Us" page. Most feature

a mission statement — a few sentences or paragraphs that tell the world what the company does and what it wants to accomplish. As the boss of your family, you will likely find a mission statement handy, if for no other reason than to remind yourself of what you were thinking when you brought these people into the world.

Corporately, a mission

statement should address the employees, the shareholders, and the customers.

- Employees: The members of your family.
- Shareholders: Any relative or friend who has invested in you and wants you to be successful.
- Customers: Our neighbours, friends, acquaintances; everyone we interact with on

a daily basis.

A mission statement should easily and clearly define who you are and what you do. Make a list of words that mean something to you, that reflect the attitudes or approaches you feel are important: commitment, knowledge, quality, or wherever your focus needs to be. String ideas together until you come up

with a mission statement of your own. I worked with keywords such as know, admire, inspire, value, personal mastery, and focus, and boiled it down to this: "Do your best. People are watching."

EXCERPTED FROM *I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY "THE BUSINESS"* BY KATHY BUCKWORTH. PUBLISHED BY MCCLELLAND & STEWART, 2013. AVAILABLE IN BOOKSTORES EVERYWHERE

Easter and April Fool's in one

Crafts. Paint, foil transform papier-mâché eggs into faux chocolate Easter treats

Easter and April Fool's Day may be far apart in spirit, but they're jammed together on the calendar this year. Here's a quick and inexpensive craft project that can carry over from one to the other: faux chocolate eggs.

Given people's weakness for chocolate, you likely can't put out a bowl of pretty foil-wrapped chocolate eggs a week before Easter and expect them

Materials

- papier-mâché eggs
- brown satin finish spray paint or acrylic craft paint
- satin finish clear sealant or varnish (if using craft paint)
- paint brush (if using craft paint)
- large cardboard box lined with waxed paper or parchment paper for containing over-spray (if using spray paint)
- foil sheets made for candy wrappers
- white glue or Mod Podge



These faux-chocolate Easter eggs make a great decoration. HOLLY RAMER

to last until the holiday. But you can get the same effect — without the temptation — by painting papier-mâché eggs and partially wrapping them with pastel-hued foil. Piled in a glass canister or arranged in a simple bowl, these eggs make a sweet Easter display that will last for years.

Instructions

1. If using spray paint, place eggs in lined cardboard box and, working in well-ventilated area, apply several coats of paint. Follow directions on canister to determine drying time between coats. Turn eggs to make sure you are painting all sides. Three or four light coats

of paint should be enough.

2. If using craft paint, use brush to apply three coats of paint, allowing eggs to dry between coats. If using craft paint, apply one coat of satin finish varnish. Allow eggs to dry.

3. Cut piece of coloured foil a

Exclusively online

Nap time is the most wonderful time in Mommy's day. In theory. Follow along with the comedic (mis)adventures of mommyhood online at metronews.ca/voices



bit taller than height of egg and wide enough to wrap around it. Cut slits roughly 1-inch long along one of the long edges. This will make it easier to fold the foil tightly around the bottom of the egg.

4. Brush glue or Mod Podge on the lower 2/3 of an egg, then wrap foil around egg, with fringed edge at the bottom, wider end of the egg.

5. Brushing on more glue as needed, press foil tightly against egg, overlapping the cut pieces at bottom. At top, squeeze the foil together and twist it tightly. Cut off the excess.

6. Once the egg is entirely covered in foil, peel some off to create the appearance of a candy egg that's been partially unwrapped. **THE ASSOCIATED PRESS**



Pregnancy trends for 2013 include ultrasound parties. ISTOCK

Keeping it trendy during pregnancy

BRIA
MARIETTE
Metro World News in New York

Fear not, moms-to-be, being pregnant doesn't mean you have to give up on the trends.

We caught up with Elena Mauer, deputy editor of Thebump.com, to learn what first-time moms should look out for this year.

Going green ... with baby names

Pantone named emerald as the colour of the year for 2013, so

expect to see baby names like Hunter, Jade, Kelly and Forest increasing in popularity in the coming months. Even celebrities have been swept up in the trend (Drew Barrymore named her new baby girl Olive).

Ultrasound parties

Parents-to-be are going beyond the usual baby shower or gender reveal party. Now more extravagant measures are popping up, including ultrasound parties, where a medically trained technician is invited to perform the procedure in the

living room for all of your loved ones to see.

Mommy-moons

Move over, baby-moons. Soon-to-be moms are taking what Thebump.com calls "mommy-moons," mini getaways that pregnant women can take with their girlfriends before the arrival of the baby. Beach vacations, spa trips and pampering parties are the most popular choices. "Pregnant women are looking for ways to pamper themselves (and) spend time with their friends before the

baby arrives and they become very busy," says Mauer.

Neon Nurseries

Gone are the days of the traditional pink and blue colour scheme for baby rooms. "In 2012, there was a lot of neon in fashion," Mauer says. "You saw it on the runway, and now people are bringing it into their nurseries." You are more likely to see neon pink bedding, or a neon green table cover that adds mild pops of color and a bit of trendiness to the nursery.

Butter Chicken can really be a healthy choice



This recipe serves six. NEWS CANADA

A little prep in the morning will go a long way in creating a flavourful and nutritious family meal that cooks while you are at work.

Start with spice-coated

Ingredients

- 2 tsp (10 ml) each ground ginger, curry powder
- 1 tsp (5 ml) each ground cumin, cinnamon, coriander
- 1 medium onion, finely chopped (about 1 1/2 cup/375 ml)
- 1 1/2 lb (675 g) boneless, skinless chicken breast, cubed into 2-inch (5 cm) pieces
- 2 tbsp (30 ml) melted, unsalted butter
- 2 cups (500 ml) Healthy Choice Diced Tomato with Onion and Garlic pasta sauce
- 1 tbsp (15 ml) lime juice
- 1/2 cup (125 ml) 0% fat, plain Greek yogurt
- 1/4 cup (50 ml) chopped cilantro, to garnish

chicken and a healthy pantry staple pasta sauce. Let it simmer all day in the slow cooker. Finish it off with rich Greek yogurt and lime at dinnertime.

This dish can be served over quinoa or basmati rice.

You can also make extra of the spice mixture and store for your next "better for you" Butter Chicken.

This traditionally rich But-

ter Chicken dish is slimmed down in sodium and fat while maintaining amazing flavours. For a 250 gram serving, the dish comes in at 307 calories.

1. In small bowl combine all spices, set aside.

2. Place onion in ceramic insert of slow cooker; add chicken; sprinkle with spices then

top with butter and Healthy Choice Diced Tomato with Onion and Garlic pasta sauce.

3. Stir, cover and cook on high 4 to 6 hours or on low 8 to 10 hours.

4. Stir in lime juice and yogurt before serving. Garnish with cilantro. **NEWS CANADA/ FACEBOOK.COM/HEALTHYCHOICECANADA**

Dinner. Chicken & Vegetable Indian Curry



mins. or until lightly browned. Stir in garlic, 45 ml (3 tbsp) of curry paste and cinnamon; add chicken and stir-fry 3 mins. Stir in tomatoes with juice; cover and reduce heat to med-low and cook about 10 mins.

2. Taste and stir in more curry paste, if desired. Add broccoli and lentils; bring to boil, cover and cook 5 mins. or until broccoli is crisp-tender. (Alternatively, to keep broccoli bright green, steam on stove separately and stir it into curry at the end of cooking time.)

1. In deep non-stick saucepan, heat oil over med-high heat. Add onion and stir-fry 3 mins.; add mushrooms and stir-fry 4

3. Stir in coriander. Serve topped with dollop of yogurt.

Ingredients

- 30 ml (2 tbsp) vegetable oil
- 1 medium onion, cut in thin wedges
- 500 g (1 lb) sliced fresh mushrooms (white or cremini)
- 2 cloves garlic, minced
- 45 to 60 ml (3 to 4 tbsp) mild Indian curry paste
- 5 ml (1 tsp) cinnamon
- 500 g (1 lb) skinless, boneless chicken thighs, cut into quarters
- 1 can (796 ml/28 oz) diced tomatoes (undrained)
- 750 ml (3 cups) small broccoli
- 1 can (540 ml/19 oz) lentils, drained and rinsed
- 125 ml (1/2 cup) chopped fresh coriander
- 125 ml (1/2 cup) plain low-fat yogurt

THE CANADIAN PRESS/ MUSHROOMS.CA

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OK, listen up. Research shows that body language during a job interview can be more important than what you verbally communicate.

"At a rational level, that's hard to comprehend," says Stefan Danis, CEO of Mandrake and NEXCareer. "But at an emotional level, we have sensors that catch other parts of one's behaviour around body language, voice inflection and general energy level, and the evidence shows that it's 90 per cent of the experience that's remembered whereas content — or the

answers during an interview — is less than 10 per cent. We remember how the individual interviewed, not what they said."

This means, even though you could have the most riveting answer to that question about your leadership style, if you answer in a monotone voice with your arms crossed and looking out the window, your response will mean nothing.

Here are seven ways body language can help you get the job:

Be the follower

If the interviewer comes to get you, follow them through their office, and don't lead in any way. When you get to the room, quickly assess the potential tactical advantage in terms of where you should sit. Again, the choice should place the interviewer in the head position (such as the head of the table). If you're making a presentation as part of the interview process, it's appropriate to stand but best to ask permission, says Danis.



Late night last night? This ain't the time to let that show. iSTOCK

appropriate to stand but best to ask permission, says Danis.

Make a good first impression

When you first meet your interviewer, be sure to radiate positive energy and avoid a "claw-like" or clammy handshake. Consider tilting your

hand a little bit to give the other person the higher hand.

Friendly body language

Avoid crossing your arms and leaning back in your chair, which may force the interviewer to lean forward. Leaning in is a friendlier posture. Also, don't fidget. And demon-

strate that you are organized by being tidy with your laptop, purse, etc., when you first arrive.

Make eye contact

Avoid looking down or away from the interviewer, because not giving proper eye contact may signal a lack of interest,

says Danis. Taking notes during the interview shows focus and interest in what the interviewer is saying. It also gives you a bit of a break from constant eye contact. "In any case, it should never be a stare-down — 75 per cent of the time, look into the person's eyes, particularly when they're talking."

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The perils of giving power to the pupils

BRUCE
WALSH
Metro World News

University of St. Thomas professor Stephen D. Brookfield is perhaps the most prolific writer on adult higher education in the U.S. His books use personal experience to flesh out his teaching philosophy. Brookfield's latest, *Powerful Techniques for Teaching Adults*, takes a look at power dynamics.

"Power is everywhere in the classroom. You can't avoid it," he says from his office in Saint Paul, Minn. "So I thought, instead of writing a book that's full of these approaches — which is probably what people are expecting — let's examine how these power dynamics skew the way teaching techniques are experienced by students."

Powerful Techniques touches on a number of concepts Brookfield has written about before: developing critical thinking, facilitating discussion, utilizing the creative arts. But this time the



Establishing trust between teacher and student is the key to educating adult learners of today. iSTOCK

author emphasizes the adjustments he has made to his teaching style due to notions of power and trust.

Though Brookfield is still a believer in student-controlled, self-directed learning, he now introduces the concept with more than a touch of caution.

"If I'm asking people to make decisions about the curriculum, or I'm involving them in setting up the grading system, one of the re-

sponses I often get is: 'You're playing a game with us and we don't know what your agenda is,'" he explains.

"So now I begin by saying, 'Here are the non-negotiable things about the class; here are the things I want you to decide; and here are places where we can negotiate.' By being less naive about us all having the same power, I'm able to gain a student's trust and build something from there."

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Minnesota players Zach Parise, left, Jonas Brodin, Charlie Coyle, Mikko Koivu and Ryan Suter celebrate a goal by Koivu on March 20 in Detroit. The Wild have found their stride after the highly-touted off-season acquisitions of Parise and Suter, going 14-5-1 in their last 20 games. TOM SZCZERBOWSKI/GETTY IMAGES

Wild seeing returns on big investments

NHL. Minnesota rounding into form after bringing in star tandem of Parise and Suter

The Minnesota Wild were the talk of the NHL last summer when they signed free agents Zach Parise and Ryan Suter to identical 13-year, \$98 million contracts.

Then there was the lockout, putting that star power and contending potential on the shelf for several months.

Once the season started, the Wild and their new acqui-

sitions were still trying to find their way. But after sputtering through the first few weeks, the Wild have hit their stride. Their 2-0 win over San Jose on Saturday was their fifth in a row. All five have been by two goals or more, the first such streak in team history. Over 12-plus years, they'd never before won more than three straight by at least that margin.

"You keep playing the right way, you keep playing your hockey, we're going to get the chances, we're going to score the goals we need," goalie Niklas Backstrom said. "But it's not just something we turn the switch and it happens. I think

Quoted

"I think we've found a little bit of identity for our team."

Minnesota forward Zach Parise

it's a lot of hard work."

The Wild are 14-5-1 in their last 20 games, jockeying with Vancouver for first place in the Northwest Division. As the final month of the season approaches, the team is playing like one that can make a serious run through the playoffs.

The mood around the team has improved. Following Sat-

urday's win, rapper Pitbull's Don't Stop The Party was blaring from the locker room.

Even though the Wild had a lot of trouble scoring earlier in the season, going 4-5-1 in their first 10 games with only 22 goals over that span, they insist they never wavered in their trust in each other and coach Mike Yeo's system.

"Behind closed doors, we talked about it. We didn't have a doubt. We knew it was going to take time," Yeo said. "But we believe in the group that we have, looking at it talent-wise of course but more importantly the quality of people that we have." **THE ASSOCIATED PRESS**

NHL

Yzerman pulls plug on coach Boucher with Bolts in free fall

The Tampa Bay Lightning fired coach Guy Boucher on Sunday, with the team in next to last place in the Eastern Conference and on its way to missing the playoffs for a second straight year.

Assistants Martin Raymond and Dan Lacroix shared coaching duties on Sunday night in Winnipeg.

"I'm not satisfied with the direction our hockey club is going," general manager Steve Yzerman told reporters in Winnipeg. "This isn't a reaction, a desperate act, to try to make the playoffs, although that is still our hope."

THE ASSOCIATED PRESS

IndyCar

Hinchcliff takes first checkered flag

James Hinchcliff, the Canadian driver poised to become IndyCar's next star, grabbed his first-career victory Sunday.

Fittingly it came at St. Petersburg, the adopted hometown of the late Dan Wheldon, the driver who signed to drive the GoDaddy car for Andretti Autosport shortly before his death in the 2011 season finale at Las Vegas.

The open seat then went to Hinchcliff, who drove the bright green No. 27 to victory in front of Wheldon's wife and two children.

Hinchcliff, from Oakville, passed Helio Castroneves on the final restart to take the lead and held on to win.

THE ASSOCIATED PRESS

Craft creates March magic for Ohio State



Ohio State Buckeyes guard Aaron Craft shoots the game-winning shot over Iowa State's Georges Niang on Sunday in Dayton, Ohio. JOE ROBBINS/GETTY IMAGES

Aaron Craft dribbled in place at the top of the arc, watching to see if any of his Ohio State teammates were getting open near the basket for a game-winning shot.

Nothing there.

The point guard had a clear look at the clock as it raced toward zero atop the backboard. He realized what he had to do — take a little Ohio State tournament history into his hands.

Craft held the ball until he had no other choice, then

swished a three-pointer with a half-second left Sunday for a 78-75 victory over Iowa State, sending the Buckeyes to a school-record fourth straight trip to the round of 16.

No. 2 Ohio State had managed to escape as the lone high seed left in the NCAA tournament's most-busted bracket.

"The moment's a lot bigger than me," said Craft, who had allowed Iowa State to catch up with missed free throws and an errant jumper. "It just

happened to be in my hands at the end."

Ohio State (28-7) needed Craft's fearless shot — over six-foot-seven defender Georges Niang — to avoid yet another upset in the oh-so-wild West Regional. Four of the top five seeds fell fast and hard in the first weekend.

"With all that's gone on in college basketball, anything's possible," Craft said. "You can see it with what's gone on in our bracket right now."

THE ASSOCIATED PRESS



Horoscopes

♈ Aries

March 21 - April 20

The approaching full moon suggests you will have to deal with someone who annoys you. You may find it hard to turn the other cheek but on this occasion that's exactly what you should do. Don't start a war.

♉ Taurus

April 21 - May 21

Have you taken on too many tasks? It certainly look that way. The planets urge you to cut back on your commitments and chuck out all those old things you no longer need.

♊ Gemini

May 22 - June 21

You will be full of confidence this week, the kind of confidence that makes difficult tasks look easy. Nothing will be beyond you over the next few days that does NOT mean you should try to do everything.

♋ Cancer

June 22 - July 23

The atmosphere on the home front may be a bit touchy during the first half of the week. Full moons have a way of causing upsets but try not to make an issue of things that will soon be forgotten.

♌ Leo

July 24 - Aug. 23

Do you care what people think of you? No, of course not, and with a full moon looming you will care even less. You're a Leo. You're a law unto yourself. Rules are there to be broken – hearts too!

♍ Virgo

Aug. 24 - Sept. 23

An unexpected bill may cause you a bit of grief today or tomorrow but it is nothing to get worked up about. Chances are you will be in the money again before the end of the week, so be positive.

♎ Libra

Sept. 24 - Oct. 23

You may be fearful of something over which you have no control, and that's understandable, but don't let it get to you to such an extent that you find it impossible to take action.

♏ Scorpio

Oct. 24 - Nov. 22

You seem to be in one of your more suspicious moods, the kind where even your best friends come under scrutiny. Don't make accusations you cannot prove.

♐ Sagittarius

Nov. 23 - Dec. 21

You may prefer to let others take important decisions but the planets warn you need to step up and take a few of your own, not just for your own sake but also for the sake of friends who depend on you.

♑ Capricorn

Dec. 22 - Jan. 20

It may be annoying that others expect you to prove what to you is self-evident but that's just the way it is. Powerful people are watching you. It's in your interests to make sure they like what they see.

♒ Aquarius

Jan. 21 - Feb. 19

Do what comes naturally, even if what comes naturally to you is what annoys other people. You have never been one to play by the rules and you see no reason why you should start now. Be true to yourself.

♓ Pisces

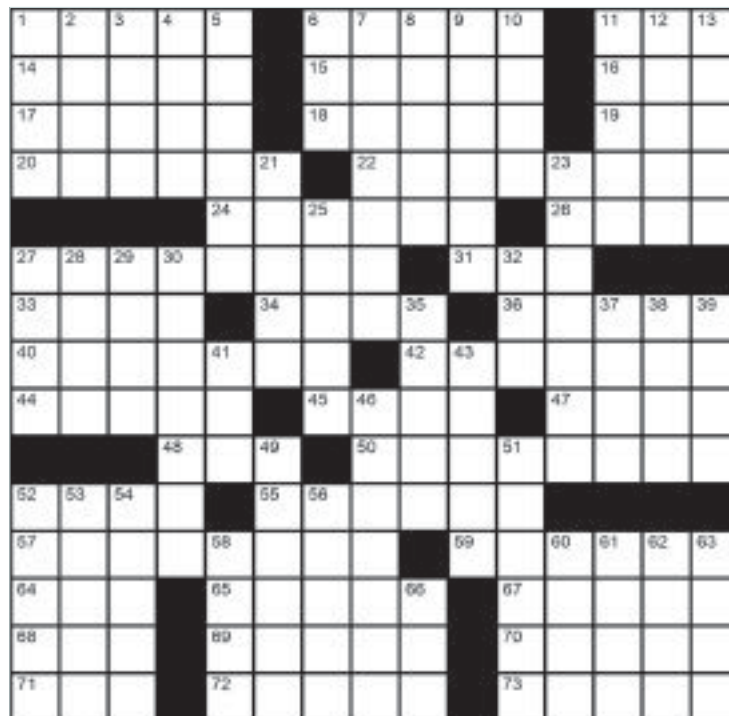
Feb. 20 - March 20

Someone is being less than honest with you and who that someone is will be clear when the moon is full on Wednesday. The question then is: what are you going to do? Don't let them get away with it. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Flower
- ...watching
- Rihanna's "..." (Rescue Me)"
- Grissol product, ... Toast
- Sky high toys
- Morn's follower
- J'...; Nous avions; Vous aviez...
- Tomato-hitting-the-ground sound
- ... possidetis (As you possess, at law)
- "Bridget ... Diary" (2001)
- When the Hag-gadah is read
- Assert
- People: French
- St. ... (Franco-phone community in Manitoba)
- Pou ... (Vantage point)
- ... even keel: 2 wds.
- Scratcher's woe
- Violin stroke
- 9th Prime Minister, Arthur ...
- Large clothing cabinet
- North and South
- "Nonsense!"
- Gumption
- Late-shift times [abbr.]
- Mystical creatures
- Actor, Corbin ...
- "... and Cleopatra" (1972)
- "Working for the Weekend" band



- Citrus fruit
- Be beholden
- Like acorned trees
- Be of service
- Mattel doll
- Serviceable
- Snow: French
- 'Lion' suffix
- '80s hit: "... the Girls I've Loved Before"

- Courtier in Shakespeare's Hamlet

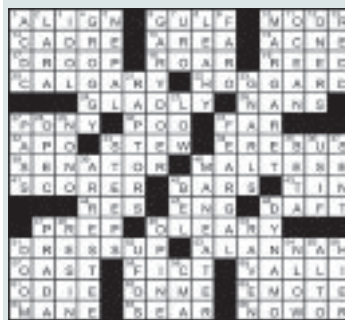
Down

- Music key, ...
- Prefix meaning 'Left'
- Mother in Pearl S. Buck's 1931 novel The Good Earth, ...
- Off-Broadway theatrical

- award
- Mountain range's spine
- Calendar components, curtly
- Woodstock attendees
- Sky's supporter
- Mosts opposites
- Ballpark figs.
- Jeanne ... (Former Governor General)

- Frequently
- Teaspoon-in-cup moves
- Drum kit part
- Monster of BC's Lake Okanagan
- Very little
- Retro-style pop music syllable
- Count Basie's "... Clock Jump"
- Hammer's target
- 1992 k.d. lang album
- Rum ... Tugger (Cats character)
- ... idea (Doesn't realize): 2 wds.
- Whirring sound
- "So, are you out ... then?"
- Soaks
- Taxing letters
- Zoo creature
- Scream louder than!: 2 wds.
- Actor, Antonio ... Jr.
- "... de Bergerac" (1990)
- Guy, Brit-style
- Chad and Rob
- Makes equal
- Finnish smart-phone company
- Really beat, in sports
- Some li'l roads
- Hair removal brand
- 1958 Leslie Caron title role
- There's none in a power failure, for short
- First word in Inferno by Dante

Friday's Crossword

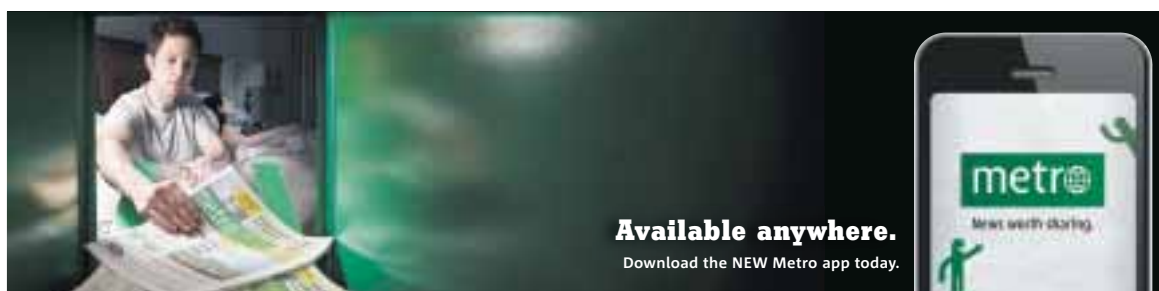


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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